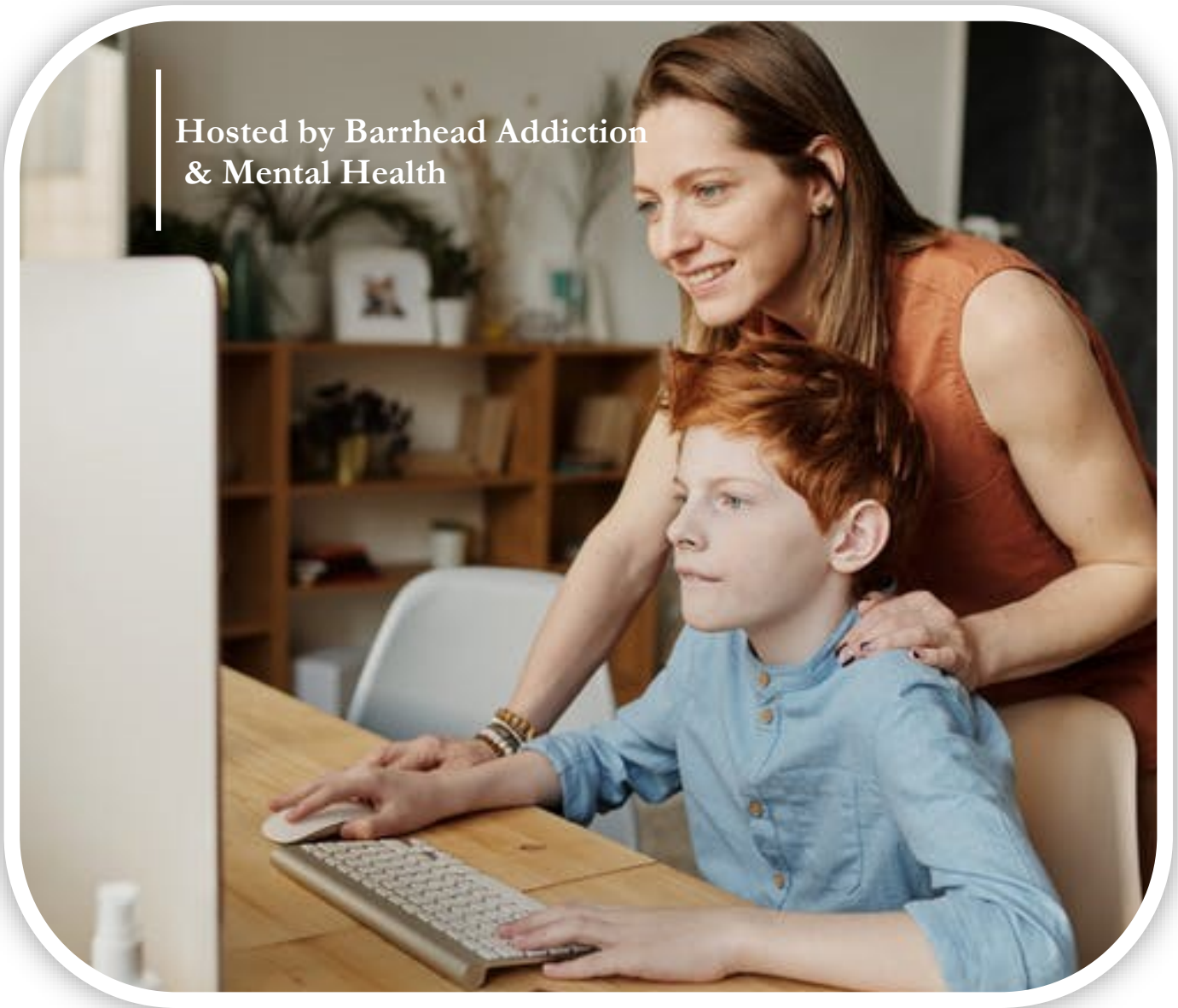


Hosted by Barrhead Addiction
& Mental Health



Supporting your Teens during COVID

Join us on Zoom to review techniques for parents to help manage teen anxiety and how to implement healthy coping skills for stress management and substance use concerns.

June 5th 1:30pm-3:00pm on Zoom

Limited spots available, so please pre-register.



To register, please email: karen.ladan@ahs.ca or thressa.zilinski@ahs.ca

Barrhead Addictions (780) 674 8239

